



Scoil Mhuire Junior
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Dear parents/Guardians

NEW COVID 19 REGULATIONS

CONFIRMED CASE IN CLASS

Public health have advised schools that they **CANNOT INFORM PARENTS** if there is a confirmed case of **Covid 19 in your child's class**. We rely, more than ever on your vigilance and co-operation as parents.

If your child has **ANY** covid symptoms, please

- **DO NOT SEND INTO SCHOOL**
- **SEEK THE ADVICE OF YOUR GP**
- **FOLLOW THAT ADVICE**
- **RETURN TO SCHOOL ONLY WHEN YOUR CHILD IS 48 HOURS SYMPTOM FREE.**

Please be advised that any child attending school with any of the above symptoms will be isolated in the classroom and sent home IMMEDIATELY.

The most common symptoms of COVID-19 are:

- [fever \(high temperature - 38 degrees Celsius or above\)](#) - including having chills
- dry cough
- fatigue (tiredness)

Less common symptoms of COVID-19 include:

- [loss or change to your sense of smell or taste](#) - this could mean they're completely gone or just different to normal
- nasal congestion (runny or blocked nose)
- conjunctivitis (also known as red eyes)
- sore throat

PRINCIPAL: *Niamh Cronin*

DEPUTY PRINCIPAL: *Joan Conway*

ROLL NO: 19605P

- headache
- muscle or joint pain (aches and pains)
- different types of skin rash
- nausea or vomiting
- diarrhoea
- chills or dizziness

Symptoms of severe COVID-19 disease include:

- [shortness of breath](#) or breathing difficulties
- loss of appetite
- confusion
- pain or pressure in the chest
- [fever \(high temperature - 38 degrees Celsius or above\)](#)

You may not have all of these symptoms or your symptoms may be mild. Symptoms may vary for different age groups or variants of the virus.

If you child is a close contact of a household confirmed case. Your child is still required to self-isolate and attend for a test.

Please remember that while most adults in school may be vaccinated, they are **still able to contract covid 19.** They also may live with vulnerable adults and children any may inadvertently pass it on to them.

Out of respect to the adults working in school we are insisting of your full co-operation.

Again, thank you for your co-operation.

Kind regards

Niamh Cronin

Principal