

# The National Parents Council presents:



Let's talk...

A series of conversations with Dr Colman Noctor  
Child and Adolescent Psychotherapist



Supporting Parents  
Supporting Children

Each of the four sessions will last for 40 minutes beginning at 8pm and they will be interactive giving parents an opportunity to ask questions

Let's talk about connecting with your child	7th October
Let's talk about helping anxious children	14th October
Let's talk about your child's online life	21st October
Let's talk about building your child's social savvy	28th October

All sessions will be online and free of charge.  
You can register by clicking the link [here](#) or by calling 01-8874034  
Booking essential, places limited and will be issued on a first come first served basis.